

# Please help me raise at least £500

in aid of **The Willow Trust** in 2026



Prior to me having a Total Ankle Replacement in September



I am going to cycle for 100 miles on a static bike in my local gym!

Use the QR Code or visit

<https://wonderful.org/fundraisers/N12Y4>

to read more & generously donate



Thanks in advance - Rav